



Sport and Recreation

Interested in a career in the Sport and Recreation Industry?

We have new Sport and Recreation program commencing in September 2011.

Students will learn how to develop and deliver a range of health related activity sessions for:

- ▶ Football, Rugby, GAA etc.

You will also learn to use:

- ▶ Manual and Computerised Match Analysis tools in Sport (similar to what you see on SKY sports).

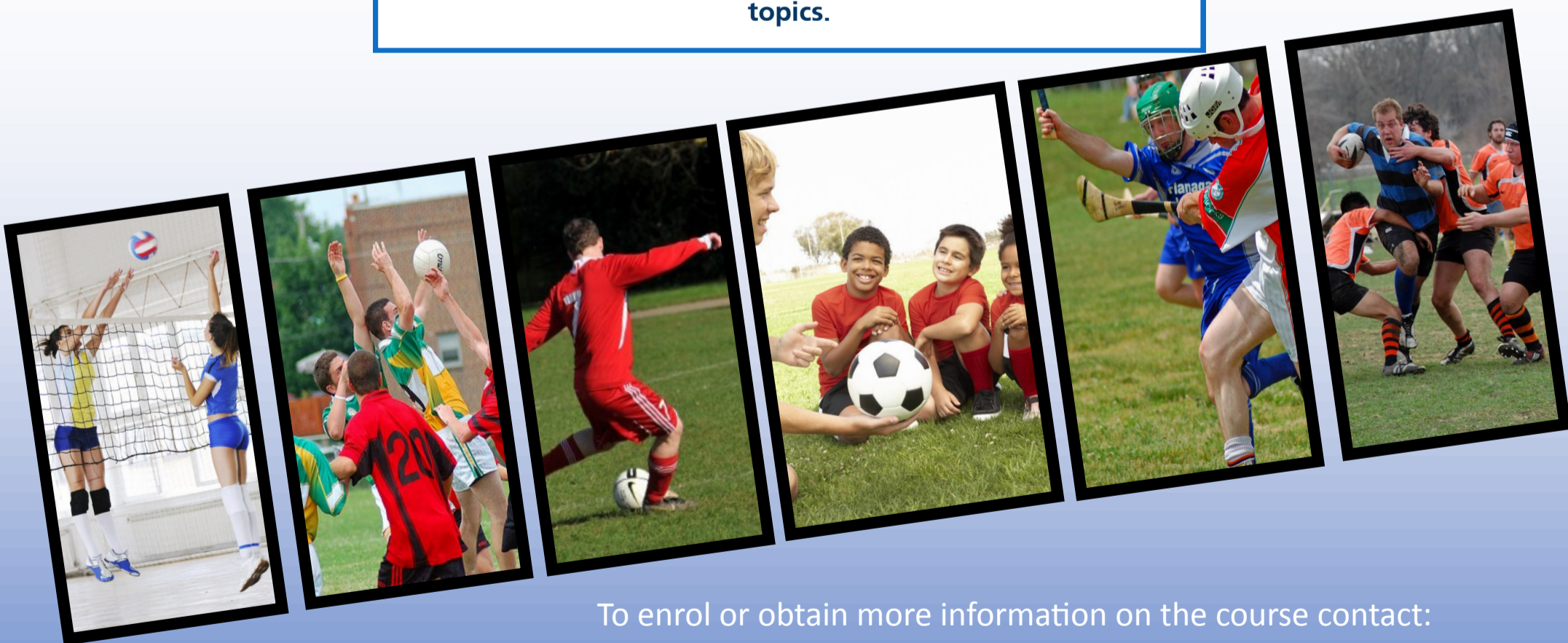
To enhance the program you will participate in a range of sessions on sport related subjects such as; diet, careers, drugs in sport, first aid, skills, cross code training and many more topics.

LOOK

Guest speaker's from various sporting backgrounds throughout course

LOOK

Transfer theory into reality with a high level of practical activities.



To enrol or obtain more information on the course contact:

Lisburn Office : 028 9266 5100

Belfast Office : 028 9087 5875

Banbridge Office : 028 4066 9855